



**OPTIONAL LUMP SUM SPECIFIED CRITICAL ILLNESS  
BENEFIT RIDER — HSA-COMPATIBLE VERSION**

---

We've been dedicated to helping provide  
peace of mind and financial security  
for more than 60 years.



# AFLAC PLUS RIDER

OPTIONAL LUMP SUM SPECIFIED CRITICAL ILLNESS BENEFIT RIDER  
HSA-COMPATIBLE VERSION

Rider Series CIRIDERH

# AP

## Boost your protection with the Aflac Plus Rider

Like many people, you probably have insurance to cover auto accidents, fires, burglaries, and standard hospital bills. But what would happen to your family's finances if you experienced a catastrophic illness, such as a heart attack, stroke, advanced Alzheimer's disease, or advanced Parkinson's disease—an event that knocked you off your feet? Even a severe case of COVID, flu or pneumonia and accompanying costs could change your life forever.

The Aflac Plus Rider can help. This rider can be attached to select policies, further boosting your benefits. The Aflac Plus Rider pays a specific benefit amount when you are diagnosed with a covered illness. You can use the cash to help pay out-of-pocket expenses, such as utility bills, car payments, and mortgage or rent payments. **For a list of policies the Aflac Plus Rider can be added to, please contact your Aflac insurance agent/producer.**

### How it works

#### AFLAC PLUS RIDER OPTIONAL LUMP SUM SPECIFIED CRITICAL ILLNESS BENEFIT RIDER – HSA-COMPATIBLE VERSION

BASE AFLAC  
POLICY  
IS APPLIED FOR.



AFLAC PLUS RIDER COVERAGE IS ADDED  
TO ENHANCE BASE BENEFITS.



POLICYHOLDER IS DIAGNOSED WITH A HEART  
ATTACK DUE TO CORONARY ARTERY DISEASE.

AFLAC PLUS RIDER  
COVERAGE PROVIDES THE FOLLOWING:

**\$5,000**

The above example is based on a scenario for Aflac Lump Sum Specified Critical Illness Benefit Rider (HSA-Compatible version) that includes the following benefit conditions: Heart Attack due to coronary artery disease (Tier One Specified Critical Illness Benefit) of \$5,000. The Tier One Specified Critical Illness Benefit pays \$5,000 for a covered tier one specified critical illness.

Benefits and/or premiums may vary based on state. The rider has limitations, exclusions and pre-existing conditions limitations that may affect benefits payable. For costs and complete details of the coverage, contact your Aflac insurance agent/producer. This brochure is for illustrative purposes only. Refer to the policy and rider for complete benefit details, definitions, limitations and exclusions.

Aflac herein means American Family Life Assurance Company of Columbus.

## Aflac Plus Rider Benefit Overview for HSA-Compatible Version

BENEFIT:	DESCRIPTION:												
<p><b>TIER ONE SPECIFIED CRITICAL ILLNESS BENEFIT</b></p>	<p><b>\$5,000</b> upon a covered person's onset date of one of the following:</p> <ol style="list-style-type: none"> <li>1. Heart Attack due to coronary artery disease or acute coronary syndrome</li> <li>2. Ischemic Stroke due to advanced arteriosclerosis or arteriosclerosis of the arteries of the neck or brain</li> <li>3. Hemorrhagic Stroke due to uncontrolled high blood pressure, malignant hypertension, brain aneurysm, or arteriovenous malformation</li> <li>4. Coma due to a covered injury</li> <li>5. Paralysis due to a covered injury</li> <li>6. Type 1 Diabetes</li> <li>7. Traumatic Brain Injury</li> <li>8. Advanced Alzheimer's Disease</li> <li>9. Advanced Parkinson's Disease</li> <li>10. Amyotrophic Lateral Sclerosis (ALS or Lou Gehrig's disease)</li> <li>11. Loss of Independence</li> <li>12. Sustained Multiple Sclerosis</li> <li>13. Permanent Loss of Sight due to a covered injury</li> <li>14. Permanent Loss of Hearing due to a covered injury</li> <li>15. Permanent Loss of Speech due to a covered injury</li> <li>16. Sudden Cardiac Arrest due to cardiac rhythm abnormalities or acute coronary syndrome</li> </ol> <p>This benefit is payable once per covered person, per lifetime.</p>												
<p><b>SUBSEQUENT TIER ONE SPECIFIED CRITICAL ILLNESS BENEFIT</b></p>	<p><b>\$2,500</b> upon a covered person's onset date of:</p> <ul style="list-style-type: none"> <li>• a recurrence of that <b>same</b> Tier One Specified Critical Illness, or</li> <li>• an occurrence of a <b>different</b> Tier One Specified Critical Illness.</li> </ul> <p>This benefit is not payable on the same day as the Tier One Specified Critical Illness Benefit.</p>												
<p><b>TIER TWO SPECIFIED CRITICAL ILLNESS BENEFIT</b></p>	<p><b>\$1,250</b> upon a covered person's onset date of one of the following:</p> <table border="0" style="width: 100%;"> <tr> <td>1. Encephalitis</td> <td>6. Necrotizing Fasciitis</td> </tr> <tr> <td>2. Bacterial Meningitis</td> <td>7. Osteomyelitis</td> </tr> <tr> <td>3. Lyme Disease</td> <td>8. Systemic Lupus</td> </tr> <tr> <td>4. Sickle Cell Anemia</td> <td>9. Cystic Fibrosis</td> </tr> <tr> <td>5. Cerebral Palsy</td> <td></td> </tr> </table> <p>This benefit is not payable on the same day as the Tier One Specified Critical Illness Benefit.</p>	1. Encephalitis	6. Necrotizing Fasciitis	2. Bacterial Meningitis	7. Osteomyelitis	3. Lyme Disease	8. Systemic Lupus	4. Sickle Cell Anemia	9. Cystic Fibrosis	5. Cerebral Palsy			
1. Encephalitis	6. Necrotizing Fasciitis												
2. Bacterial Meningitis	7. Osteomyelitis												
3. Lyme Disease	8. Systemic Lupus												
4. Sickle Cell Anemia	9. Cystic Fibrosis												
5. Cerebral Palsy													
<p><b>CORONARY ARTERY BYPASS GRAFT SURGERY BENEFIT</b></p>	<p><b>\$1,250</b> when a covered person undergoes Coronary Artery Bypass Graft Surgery due to coronary artery disease or acute coronary syndrome.</p> <p>This benefit is payable once per covered person, per lifetime.</p>												
<p><b>TIER THREE SPECIFIED CRITICAL ILLNESS BENEFIT</b></p>	<p>Pays the highest applicable benefit amount listed per period of hospital confinement or period of intensive care unit confinement upon a covered person's onset date of the following:</p> <table border="0" style="width: 100%;"> <tr> <td>1. Human Coronavirus</td> <td>4. Pneumonia</td> </tr> <tr> <td>2. Bird Flu/H5N1</td> <td>5. Ebola</td> </tr> <tr> <td>3. Influenza</td> <td></td> </tr> </table> <p><b>Benefit amounts:</b></p> <table border="0" style="width: 100%;"> <tr> <td>Hospital confinement 4-9 days</td> <td style="text-align: right;"><b>\$1,250</b></td> </tr> <tr> <td>Hospital confinement 10 days or more</td> <td style="text-align: right;"><b>\$3,125</b></td> </tr> <tr> <td>Intensive care unit confinement</td> <td style="text-align: right;"><b>\$5,000</b></td> </tr> </table> <p>Maximum amount payable per 180 days is \$5,000.</p>	1. Human Coronavirus	4. Pneumonia	2. Bird Flu/H5N1	5. Ebola	3. Influenza		Hospital confinement 4-9 days	<b>\$1,250</b>	Hospital confinement 10 days or more	<b>\$3,125</b>	Intensive care unit confinement	<b>\$5,000</b>
1. Human Coronavirus	4. Pneumonia												
2. Bird Flu/H5N1	5. Ebola												
3. Influenza													
Hospital confinement 4-9 days	<b>\$1,250</b>												
Hospital confinement 10 days or more	<b>\$3,125</b>												
Intensive care unit confinement	<b>\$5,000</b>												

Refer to the following outline of coverage for benefit details, definitions, limitations and exclusions.

---

---

**LIMITED BENEFIT,  
LUMP SUM SPECIFIED  
CRITICAL ILLNESS RIDER**

---

---

**American Family Life Assurance Company of Columbus**  
(herein referred to as Aflac)  
**Worldwide Headquarters • 1932 Wynnton Road • Columbus, Georgia 31999**  
**Toll-Free 1.800.99.AFLAC (1.800.992.3522)**

**The rider described in this Outline of Coverage provides supplemental coverage  
and will be issued only to supplement insurance already in force.**

**LIMITED BENEFIT, LUMP SUM SPECIFIED CRITICAL ILLNESS RIDER**  
**Outline of Coverage for Rider Form Series CIRIDERH**  
**THIS IS NOT MEDICARE SUPPLEMENT COVERAGE.**

**If you are eligible for Medicare, review the “Guide to Health Insurance for People With Medicare” furnished by Aflac.**

- (1) **Read Your Contract Carefully:** This Outline of Coverage provides a very brief description of some of the important features of your rider. This is not the insurance contract and only the actual contract provisions will control. The contract itself sets forth, in detail, the rights and obligations of both you and Aflac. It is, therefore, important that you **READ YOUR CONTRACT CAREFULLY.**
- (2) **Specified Critical Illness Insurance Coverage** is designed to supplement your existing accident and sickness coverage only when certain losses occur as a result of Specified Critical Illnesses or other conditions as specified. Tier One Specified Critical Illnesses are: Heart Attack due to coronary artery disease or acute coronary syndrome; ischemic Stroke due to advanced arteriosclerosis or arteriosclerosis of the arteries of the neck or brain; hemorrhagic Stroke due to uncontrolled high blood pressure, malignant hypertension, brain aneurysm, or arteriovenous malformation; Coma due to a covered Injury; Paralysis due to a covered Injury; Type 1 Diabetes; Traumatic Brain Injury; Advanced Alzheimer’s Disease; Advanced Parkinson’s Disease; Amyotrophic Lateral Sclerosis; Loss of Independence; Sustained Multiple Sclerosis; Permanent Loss of Sight, Hearing, or Speech; or Sudden Cardiac Arrest due to cardiac rhythm abnormalities or acute coronary syndrome. Tier Two Specified Critical Illnesses are: Encephalitis, Bacterial Meningitis, Lyme Disease, Sickle Cell Anemia, Cerebral Palsy, Necrotizing Fasciitis, Osteomyelitis, Systemic Lupus, or Cystic Fibrosis. Tier Three Specified Critical Illnesses are: Human Coronavirus, Bird Flu/H5N1, Influenza, Pneumonia, or Ebola. Coverage is provided for the benefits outlined in (3) Benefits. The benefits described in (3) Benefits may be limited by (4) Exceptions, Reductions, and Limitations of the Rider.
- (3) **Benefits:** While coverage is in force, we will pay the following benefits, as applicable, subject to the Pre-existing Conditions Limitation and Limitations and Exclusions, as well as all other policy provisions, unless modified herein.

Benefits will not be payable for Advanced Alzheimer’s Disease when Alzheimer’s disease was diagnosed prior to the Effective Date of coverage, Advanced Parkinson’s Disease when Parkinson’s disease was diagnosed prior to the Effective Date of coverage, or Sustained Multiple Sclerosis when multiple sclerosis was diagnosed prior to the Effective Date of coverage. Aflac will not accept an assignment of these benefits. All benefits will be payable to you. Any accrued benefits unpaid at your death will be paid to your estate.

**A. TIER ONE SPECIFIED CRITICAL ILLNESS BENEFIT:** Aflac will pay \$5,000 upon a Covered Person’s Onset Date of one of the following Tier One Specified Critical Illnesses:

1. Heart Attack due to coronary artery disease or acute coronary syndrome;
2. Ischemic Stroke due to advanced arteriosclerosis or arteriosclerosis of the arteries of the neck or brain;
3. Hemorrhagic Stroke due to uncontrolled high blood pressure, malignant hypertension, brain aneurysm, or arteriovenous malformation;
4. Coma due to a covered Injury;
5. Paralysis due to a covered Injury;
6. Type 1 Diabetes;
7. Traumatic Brain Injury;
8. Advanced Alzheimer’s Disease;
9. Advanced Parkinson’s Disease;
10. Amyotrophic Lateral Sclerosis;
11. Loss of Independence;

12. Sustained Multiple Sclerosis;
13. Permanent Loss of Sight due to a covered Injury;
14. Permanent Loss of Hearing due to a covered Injury;
15. Permanent Loss of Speech due to a covered Injury; or
16. Sudden Cardiac Arrest due to cardiac rhythm abnormalities or acute coronary syndrome.

This benefit is payable once per Covered Person, per lifetime.

- B. SUBSEQUENT TIER ONE SPECIFIED CRITICAL ILLNESS BENEFIT:** After a Covered Person has previously qualified for benefits for a Tier One Specified Critical Illness under Benefit A above, Aflac will pay \$2,500 upon that Covered Person's Onset Date of:

1. a recurrence of that same Tier One Specified Critical Illness, or
2. an occurrence of a different Tier One Specified Critical Illness.

For this benefit to be payable, the Onset Date of the subsequent Tier One Specified Critical Illness must be 180 days or more from the Onset Date of any previously paid Tier One Specified Critical Illness for such Covered Person. This benefit is not payable on the same day as the Tier One Specified Critical Illness Benefit.

- C. TIER TWO SPECIFIED CRITICAL ILLNESS BENEFIT:** Aflac will pay \$1,250 upon a Covered Person's Onset Date of one of the following Tier Two Specified Critical Illnesses:

1. Encephalitis
2. Bacterial Meningitis
3. Lyme Disease
4. Sickle Cell Anemia
5. Cerebral Palsy
6. Necrotizing Fasciitis
7. Osteomyelitis
8. Systemic Lupus
9. Cystic Fibrosis

This benefit is not payable on the same day as the Tier One Specified Critical Illness Benefit.

- D. CORONARY ARTERY BYPASS GRAFT SURGERY BENEFIT:** Aflac will pay \$1,250 when a Covered Person undergoes Coronary Artery Bypass Graft Surgery due to coronary artery disease or acute coronary syndrome.

This benefit is payable once per Covered Person, per lifetime.

- E. TIER THREE SPECIFIED CRITICAL ILLNESS BENEFIT:** Following the Onset Date of a Tier Three Specified Critical Illness, Aflac will pay the highest applicable benefit amount stated below in a., b., or c. when a Covered Person has a qualifying Period of Hospital Confinement or Period of Intensive Care Unit Confinement as a direct result of their Tier Three Specified Critical Illness.

**Tier Three Specified Critical Illness:**

1. Human Coronavirus
2. Bird Flu/H5N1
3. Influenza
4. Pneumonia
5. Ebola

**Benefit amounts:**

- |   |         |
|---|---------|
| a. Period of Hospital Confinement lasting 4-9 days        | \$1,250 |
| b. Period of Hospital Confinement lasting 10 or more days | \$3,125 |
| c. Period of Intensive Care Unit Confinement              | \$5,000 |

Only the highest benefit amount above will be payable under this benefit. In the event a lower benefit amount was previously paid under this benefit for any Period of Hospital Confinement and that confinement is extended or the Covered Person is moved

to an Intensive Care Unit triggering a higher payment, the difference between the previous paid benefit amount and the new benefit amount will be provided. The maximum amount payable per 180 days is \$5,000.

For any subsequent Tier Three Specified Critical Illness Benefit to be covered, the Onset Date of the subsequent Tier Three Specified Critical Illness must be 180 days or more after the date the Covered Person first qualified for any previously paid Tier Three Specified Critical Illness Benefit.

If the Onset Date of any Tier One Specified Critical Illness or subsequent Tier One Specified Critical Illness for a Covered Person is within 30 days after the date such Covered Person first qualifies for a Tier Three Specified Critical Illness Benefit, only the Tier One Specified Critical Illness Benefit or subsequent Tier One Specified Critical Illness Benefit, as applicable, is payable. In the event the Tier Three Specified Critical Illness Benefit has already been paid, then the maximum benefit amount payable for both events will be limited to the amount of either the Tier One Specified Critical Illness Benefit or subsequent Tier One Specified Critical Illness Benefit, as applicable.

**(4) Exceptions, Reductions, and Limitations of the Rider (This is not a daily hospital expense plan.):**

- A. Aflac will not pay benefits for any loss that is caused by a Pre-existing Condition, unless the Onset Date is more than 12 months after the Effective Date of coverage. Benefits are payable for only one covered loss at a time per Covered Person. Aflac will not pay benefits for any condition when diagnosis occurred prior to the Effective Date of coverage.
- B. Aflac will not pay benefits for any loss that is diagnosed or treated outside the territorial limits of the United States or its possessions.
- C. Aflac will not pay benefits whenever coverage provided by the rider is in violation of any U.S. economic or trade sanctions. If the coverage violates U.S. economic or trade sanctions, such coverage shall be null and void.
- D. For any benefit to be payable, the Onset Date of the loss must occur on or after the Effective Date of coverage and while coverage is in force. If more than one loss per Covered Person occurs on the same day, only the highest eligible benefit will be paid.
- E. Aflac will not pay benefits whenever fraud is committed in making a claim under the coverage.
- F. The rider does not cover loss caused by or resulting from:
  - 1. Participating in any activity or event, including the operation of a vehicle, while under the influence of a controlled substance (unless administered by a Physician and taken according to the Physician's instructions) or while intoxicated ("intoxicated" means that condition as defined by the law of the jurisdiction in which the accident occurred);
  - 2. Using any drug, narcotic, hallucinogen, or chemical substance (unless administered by a Physician and taken according to the Physician's instructions), or voluntarily taking any kind of poison or inhaling any kind of gas or fumes;
  - 3. Participating in, or attempting to participate in, an illegal activity that is defined as a felony ("felony" is as defined by the law of the jurisdiction in which the activity takes place), or being incarcerated in any detention facility or penal institution;
  - 4. Intentionally self-inflicting a bodily injury or committing or attempting suicide, while sane or insane;
  - 5. Being exposed to war or any act of war, declared or undeclared; or
  - 6. Actively serving in any of the armed forces or units auxiliary thereto, including the National Guard or Reserve.

**PRE-EXISTING CONDITIONS LIMITATION**

A "Pre-existing Condition" is any illness, disease, infection, disorder, or injury for which, within the 12-month period before the Effective Date of coverage, prescription medication was taken or medical testing, medical advice, consultation, or treatment was recommended or received, or for which symptoms existed that would ordinarily cause a prudent person to seek diagnosis, care, or treatment. Benefits for a loss that is caused by a Pre-existing Condition will not be covered unless the Onset Date is more than 12 months after the Effective Date of coverage.

- (5) Renewability:** The rider is guaranteed-renewable for your lifetime by the timely payment of premiums at the rate in effect at the beginning of each term, except that we may discontinue or terminate the rider if you have performed an act or practice that constitutes fraud or have made an intentional misrepresentation of material fact relating in any way to the rider, including claims for benefits under the rider. Premium rates may change only if changed on all riders of the same form number and class in force in your state.

**RETAIN FOR YOUR RECORDS.  
THIS OUTLINE OF COVERAGE IS ONLY A BRIEF SUMMARY OF THE COVERAGE PROVIDED.  
CONSULT THE CONTRACT ITSELF TO DETERMINE GOVERNING CONTRACTUAL PROVISIONS.**



## TERMS YOU NEED TO KNOW

**ACTIVITIES OF DAILY LIVING (ADLs):** activities used in measuring a person's level of personal functioning capacity. Normally, these activities are performed without direct personal assistance, allowing personal independence in everyday living.

The ADLs are:

1. Bathing: washing oneself by sponge bath or in either a tub or shower, including the task of getting into or out of the tub or shower;
2. Maintaining continence: controlling urination and bowel movements, including the ability to use ostomy supplies or other devices such as catheters;
3. Transferring: moving between a bed and a chair, or a bed and a wheelchair;
4. Dressing: putting on and taking off all necessary items of clothing;
5. Toileting: getting to and from a toilet, getting on and off a toilet, and performing associated personal hygiene; and
6. Eating: performing all major tasks of getting food into one's body.

**ADVANCED ALZHEIMER'S DISEASE:** Alzheimer's disease that causes a person to be incapacitated. Alzheimer's disease is a progressive degenerative brain disease that is diagnosed by a psychiatrist or neurologist as Alzheimer's disease. To be incapacitated due to Alzheimer's disease, a covered person must:

1. Exhibit the loss of intellectual capacity involving impairment of memory and judgment, resulting in a significant reduction in mental and social functioning, **and**
2. Be unable to perform three or more activities of daily living (ADLs), as certified by a physician, and require direct personal assistance to perform such ADLs.

**ADVANCED PARKINSON'S DISEASE:** Parkinson's disease that causes a person to be incapacitated. Parkinson's disease is a chronic progressive neurological disease that is diagnosed by a psychiatrist or neurologist as Parkinson's disease. To be incapacitated due to Parkinson's disease, a covered person must:

1. Exhibit two or more of the following clinical manifestations:
  - Muscle rigidity
  - Tremor
  - Bradykinesia (abnormal slowness of movement, sluggishness of physical and mental responses), **and**
2. Be unable to perform three or more activities of daily living (ADLs), as certified by a physician, and require direct personal assistance to perform such ADLs.

**AMYOTROPHIC LATERAL SCLEROSIS (ALS or Lou Gehrig's disease):** a chronic, progressive neurological disease resulting in permanent clinical impairment of motor function and is definitively diagnosed by a neurologist as amyotrophic lateral sclerosis.

**BACTERIAL MENINGITIS:** inflammation of the thin, membranous covering (meninges) of the brain and the spinal cord caused by a bacterial infection and characterized by fever, vomiting, intense headache, and stiff neck.

**BIRD FLU/H5N1:** a viral respiratory disease of poultry and other bird species that can be transmitted to humans.

**CEREBRAL PALSY:** a disability resulting from damage to the brain before, during, or shortly after birth and outwardly manifested by muscular incoordination and speech disturbances.

**COMA:** a continuous state of profound unconsciousness due to a covered injury, lasting for a period of seven or more consecutive days and characterized by the absence of: (1) spontaneous eye movements, (2) response to painful stimuli, and (3) vocalization. The condition must require intubation for respiratory assistance. The term coma does not include any medically induced coma.

**CORONARY ARTERY BYPASS GRAFT SURGERY:** open-heart surgery to correct narrowing or blockage of one or more coronary arteries with bypass grafts, but excluding procedures such as but not limited to coronary angioplasty, valve replacement surgery, stent placement, laser relief, or other surgical or nonsurgical procedures.

**COVERED PERSON:** any person insured under the policy to which the rider is attached.

**CYSTIC FIBROSIS:** a hereditary disorder affecting the exocrine glands which causes the production of abnormally thick mucus, leading to the blockage of the pancreatic ducts, intestines, and bronchi and often resulting in respiratory infection.

**EBOLA:** an infectious disease marked by fever and severe internal bleeding spread through contact with infected body fluids.

**EFFECTIVE DATE:** the effective date of the rider is as stated in the Policy Schedule.

**ENCEPHALITIS:** an inflammation of the brain, usually caused by a direct viral infection or a hyper-sensitivity reaction to a virus or foreign protein.

**HEART ATTACK:** a myocardial infarction caused by a blockage of one or more coronary arteries due to coronary artery disease or acute coronary syndrome. The attack must be positively diagnosed by a physician and must be evidenced by electrocardiographic findings or clinical findings together with blood enzyme findings. The definition of heart attack shall not be construed to mean congestive heart failure, atherosclerotic heart disease, angina, coronary artery disease, cardiac arrest, or any other dysfunction of the cardiovascular system.

**HUMAN CORONAVIRUS:** a severe type of virus having a lipid envelope studded with club-shaped spike proteins that infects humans, leading to an upper respiratory infection or pneumonia, and spread through the air by coughing, sneezing, close personal contact, or touching a contaminated object or surface. This does not include the following human coronaviruses: 229E, NL63, OC43, and HKU1.

**INFLUENZA:** an acute, highly contagious, respiratory disease caused by influenza viruses.

**LOSS OF INDEPENDENCE:** being unable to perform three or more activities of daily living (ADLs), as certified by a physician, due to a covered injury and requiring direct personal assistance to perform such ADLs for a continuous period of at least 90 days.

**LYME DISEASE:** an inflammatory disease caused by bacteria that are transmitted by ticks that is characterized initially by a rash, headache, fever, and chills, and later by possible arthritis and neurological and cardiac disorders.

**NECROTIZING FASCIITIS:** a severe bacterial infection of the fascia, the soft tissues that line and separate muscles, that causes extensive tissue death.

**ONSET DATE:** is as follows for each covered condition:

- Heart Attack: the date of occurrence of a heart attack as defined in the rider.
- Stroke: the date of occurrence of a stroke as defined in the rider.
- Coma: the date a physician confirms a coma as defined in the rider.
- Paralysis: the date a physician establishes the diagnosis of paralysis (as defined in the rider) on clinical or laboratory findings as supported by medical records.
- Type 1 Diabetes: the date a physician initially establishes the diagnosis of type 1 diabetes on clinical or laboratory findings as supported by medical records.
- Traumatic Brain Injury: the date of occurrence of a traumatic brain injury as defined in the rider.
- Advanced Alzheimer's Disease: the date a physician initially certifies that a covered person is incapacitated due to Alzheimer's disease as defined in the rider.
- Advanced Parkinson's Disease: the date a physician initially certifies that a covered person is incapacitated due to Parkinson's disease as defined in the rider.
- Amyotrophic Lateral Sclerosis (ALS or Lou Gehrig's disease): the date of diagnosis of amyotrophic lateral sclerosis as defined in the rider.
- Loss of Independence: the date of diagnosis of loss of independence as defined in the rider.

- Sustained Multiple Sclerosis: the date of diagnosis of sustained multiple sclerosis (as defined in the rider) by a physician.
- Permanent Loss of Sight, Hearing, or Speech: the date that permanent loss of sight, hearing, or speech (as defined in the rider) is initially diagnosed by a physician.
- Sudden Cardiac Arrest: the date of occurrence of sudden cardiac arrest as defined in the rider.
- Encephalitis, Bacterial Meningitis, Lyme Disease, Necrotizing Fasciitis, and Osteomyelitis: the date of diagnosis by a physician.
- Sickle Cell Anemia and Cerebral Palsy: the date of initial diagnosis by a physician.
- Coronary Artery Bypass Graft Surgery: the date of surgery.
- Systemic Lupus: the date of initial diagnosis by a physician.
- Cystic Fibrosis: the date of initial diagnosis by a physician.
- Human Coronavirus, Bird Flu/H5N1, Influenza, Pneumonia and Ebola: the date of initial diagnosis by a physician.

**OSTEOMYELITIS:** inflammation of the bone due to infection.

**PARALYSIS:** complete and total loss of use of two or more limbs (paraplegia, quadriplegia, or hemiplegia) for a continuous period of at least 30 days as the result of a spinal cord injury that occurred on or after the effective date of coverage. The paralysis must be confirmed by the attending physician.

**PERIOD OF HOSPITAL CONFINEMENT:** the number of days a covered person is assigned to and incurs a charge for a bed in a hospital. Confinements must begin while coverage under the rider is in force. Hospitalization that begins prior to the end of one calendar year and continues into the next calendar year will be considered one confinement.

**PERIOD OF INTENSIVE CARE UNIT CONFINEMENT:** the number of days a covered person is assigned to and incurs a charge for a bed in an intensive care unit. Confinements must begin while coverage under the rider is in force. Hospitalization that begins prior to the end of one calendar year and continues into the next calendar year will be considered one confinement.

**PERMANENT LOSS OF SIGHT, HEARING, or SPEECH:**

- Loss of Sight: the restriction of visual field to 20 degrees or less in both eyes, or the reduction of sight in the better eye to a corrected visual acuity of less than 6/60 (Metric Acuity) or 20/200 (Snellen or E-chart Acuity) due to a covered injury, and diagnosed by a physician.
- Loss of Hearing: the total, irreversible, and uncorrectable loss of all hearing in both ears due to a covered injury and diagnosed by a physician.
- Loss of Speech: the permanent, total, and irreversible loss of the ability to speak due to a covered injury and diagnosed by a physician.

**PNEUMONIA:** a lung disease characterized by inflammation of the airspaces in the lungs and caused by viral or bacterial infections or fungi. This does not include pneumonia caused by trauma such as, but not limited to, inhalation of water, smoke or chemicals or traumatic chest or thoracic injuries.

**SICKLE CELL ANEMIA:** a chronic hereditary blood disease marked by sickle-shaped red blood cells and characterized by episodic pain in the joints, fever, leg ulcers, and jaundice.

**STROKE:** apoplexy due to rupture or acute occlusion of a cerebral artery. The apoplexy must cause complete or partial loss of function involving the motion or sensation of a part of the body. Stroke must be either:

- Ischemic: due to advanced arteriosclerosis or arteriosclerosis of the arteries of the neck or brain; or
- Hemorrhagic: due to uncontrolled high blood pressure, malignant hypertension, brain aneurysm, or arteriovenous malformation.

The stroke must be positively diagnosed by a physician based upon documented neurological deficits and confirmatory neuroimaging studies. Stroke does not mean head injury, transient ischemic attack (TIA), or cerebrovascular insufficiency.

**SUDDEN CARDIAC ARREST:** sudden, unexpected loss of heart function in which the heart abruptly and without warning stops working as a result of an internal electrical system malfunction of the heart. Any death where the sole cause of death shown on the death certificate is cardiovascular collapse, sudden cardiac arrest, cardiac arrest, or sudden cardiac death shall be deemed to be sudden cardiac arrest for purposes of the rider.

**SUSTAINED MULTIPLE SCLEROSIS:** a chronic degenerative disease of the central nervous system in which gradual destruction of myelin occurs in the brain or spinal cord or both, interfering with the nerve pathways, with muscular weakness, loss of coordination, or speech and visual disturbances present for a continuous period of at least 90 days.

**SYSTEMIC LUPUS:** a chronic inflammatory multisystem disease that occurs when the body's immune system attacks its own tissues and organs.

**TERMINATION:** the rider will terminate upon the earlier of the termination of the policy to which it is attached or the failure to pay the premiums for the rider.

**TIER ONE SPECIFIED CRITICAL ILLNESS:** Heart Attack due to coronary artery disease or acute coronary syndrome; Ischemic Stroke due to advanced arteriosclerosis or arteriosclerosis of the arteries of the neck or brain; Hemorrhagic Stroke due to uncontrolled high blood pressure, malignant hypertension, brain aneurysm, or arteriovenous malformation; Coma due to a covered injury; Paralysis due to a covered injury; Type 1 Diabetes; Traumatic Brain Injury; Advanced Alzheimer's Disease; Advanced Parkinson's Disease; Amyotrophic Lateral Sclerosis; Loss of Independence; Sustained Multiple Sclerosis; Permanent Loss of Sight, Hearing, or Speech; or Sudden Cardiac Arrest due to cardiac rhythm abnormalities or acute coronary syndrome.

**TIER THREE SPECIFIED CRITICAL ILLNESS:** Human Coronavirus, Bird Flu/H5N1, Influenza, Pneumonia, or Ebola.

**TIER TWO SPECIFIED CRITICAL ILLNESS:** Encephalitis, Bacterial Meningitis, Lyme Disease, Sickle Cell Anemia, Cerebral Palsy, Necrotizing Fasciitis, Osteomyelitis, Systemic Lupus, or Cystic Fibrosis.

**TRANSIENT ISCHEMIC ATTACK (TIA):** a temporary neurologic dysfunction caused by focal brain or retinal ischemia, with clinical symptoms lasting 24 hours or less, and without evidence of acute infarction. Also known as a "mini-stroke."

**TRAUMATIC BRAIN INJURY:** a nondegenerative, noncongenital injury to the brain from an external nonbiological force, requiring hospital confinement for 48 hours or more and resulting in a permanent neurological deficit with significant loss of muscle function and persistent clinical symptoms. Traumatic brain injury must be positively diagnosed by a physician based upon documented neurological deficits and confirmatory neuroimaging studies.

**TYPE 1 DIABETES:** a form of diabetes mellitus causing total insulin deficiency of a covered person along with continuous dependence on exogenous insulin in order to maintain life. A diagnosis of type 1 diabetes must be made by a physician who specializes in diabetes.





**aflac.com** || **1.800.99.AFLAC** (1.800.992.3522)

Underwritten by:  
American Family Life Assurance Company of Columbus  
Worldwide Headquarters | 1932 Wynnton Road | Columbus, Georgia 31999

