

Aflac

Plus Rider

OPTIONAL SPECIFIED DISEASE LUMP SUM BENEFIT RIDER

We've been dedicated to helping provide
peace of mind and financial security
for more than 60 years.



AFLAC PLUS RIDER

OPTIONAL SPECIFIED DISEASE LUMP SUM BENEFIT RIDER

Rider Series CIRIDER

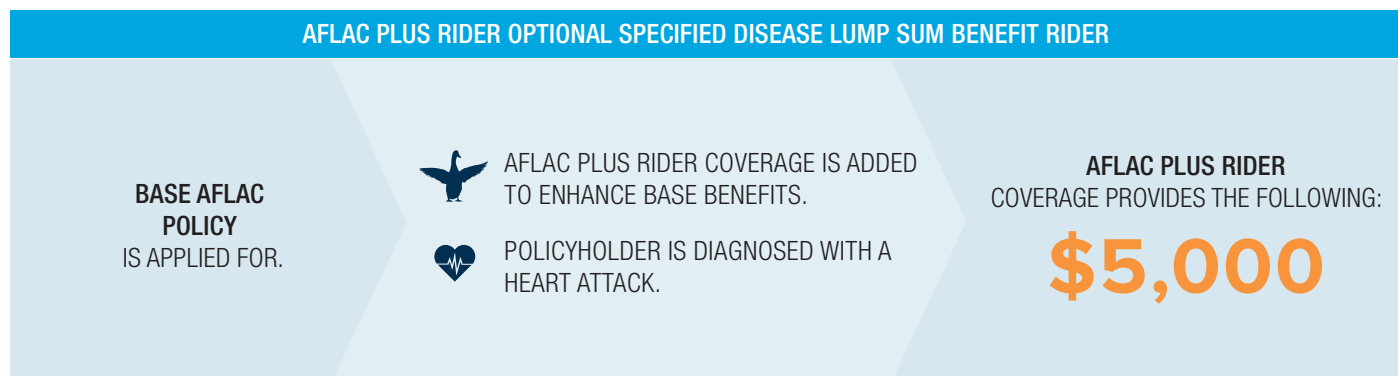


Boost your protection with the Aflac Plus Rider

Like many people, you probably have insurance to cover auto accidents, fires, burglaries, and standard hospital bills. But what would happen to your family's finances if you experienced a catastrophic event, such as a heart attack, stroke, Alzheimer's disease, or Parkinson's disease—an event that knocked you off your feet or even changed your life forever?

With deductibles, copayments, and out-of-pocket maximums on your major medical insurance increasing, how are you going to pay your bills if you experience a life-changing event? The Aflac Plus Rider can help. This rider can be attached to select policies, further boosting your benefits. The Aflac Plus Rider pays a specific benefit amount when you are diagnosed with a covered event. You can use the cash to help pay out-of-pocket expenses, such as utility bills, car payments, and mortgage or rent payments. **For a list of policies the Aflac Plus Rider can be added to, please contact your Aflac insurance agent/producer.**

How it works



The above example is based on a scenario for Aflac Specified Disease Lump Sum Benefit Rider that includes the following benefit conditions: Heart Attack (Tier One Critical Illness Event/Specified Accidental Injury Event Benefit) of \$5,000. The Tier One Critical Illness Event/Specified Accidental Injury Event Benefit pays \$5,000 for a covered tier one critical illness or accidental injury event.

Benefits and/or premiums may vary based on state. The rider has limitations, exclusions and pre-existing conditions limitations that may affect benefits payable. For costs and complete details of the coverage, contact your Aflac insurance agent/producer. This brochure is for illustrative purposes only. Refer to the policy and rider for complete benefit details, definitions, limitations and exclusions.

Aflac herein means American Family Life Assurance Company of Columbus.

Aflac Plus Rider Benefit Overview

BENEFIT:	DESCRIPTION:												
TIER ONE CRITICAL ILLNESS EVENT/SPECIFIED ACCIDENTAL INJURY EVENT BENEFIT	<p>\$5,000 upon a covered person's onset date of one of the following:</p> <ol style="list-style-type: none"> 1. Heart Attack 2. Stroke 3. Coma 4. Type 1 Diabetes 5. Amyotrophic Lateral Sclerosis (ALS or Lou Gehrig's disease) 6. Sustained Multiple Sclerosis 7. Permanent Loss of Sight 8. Permanent Loss of Hearing 9. Permanent Loss of Speech 10. Sudden Cardiac Arrest 11. Paralysis due to a covered accidental injury 12. Traumatic Brain Injury <p>This benefit is payable once per covered person, per lifetime.</p>												
SUBSEQUENT TIER ONE CRITICAL ILLNESS EVENT/ SPECIFIED ACCIDENTAL INJURY EVENT BENEFIT	<p>\$2,500 upon a covered person's onset date of:</p> <ul style="list-style-type: none"> • a recurrence of that same Tier One Critical Illness Event/Specified Accidental Injury Event, or • an occurrence of a different Tier One Critical Illness Event/Specified Accidental Injury Event. <p>This benefit is not payable on the same day as the Tier One Critical Illness Event/Specified Accidental Injury Event Benefit.</p>												
TIER TWO CRITICAL ILLNESS EVENT BENEFIT	<p>\$1,250 upon a covered person's onset date of one of the following:</p> <table border="0" style="width: 100%;"> <tr> <td style="width: 50%;">1. Encephalitis</td> <td style="width: 50%;">7. Osteomyelitis</td> </tr> <tr> <td>2. Bacterial Meningitis</td> <td>8. Systemic Lupus</td> </tr> <tr> <td>3. Lyme Disease</td> <td>9. Cystic Fibrosis</td> </tr> <tr> <td>4. Sickle Cell Anemia</td> <td>10. Alzheimer's Disease</td> </tr> <tr> <td>5. Cerebral Palsy</td> <td>11. Parkinson's Disease</td> </tr> <tr> <td>6. Necrotizing Fasciitis</td> <td></td> </tr> </table> <p>This benefit is not payable on the same day as the Tier One Critical Illness Event/Specified Accidental Injury Event Benefit.</p>	1. Encephalitis	7. Osteomyelitis	2. Bacterial Meningitis	8. Systemic Lupus	3. Lyme Disease	9. Cystic Fibrosis	4. Sickle Cell Anemia	10. Alzheimer's Disease	5. Cerebral Palsy	11. Parkinson's Disease	6. Necrotizing Fasciitis	
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CORONARY ARTERY BYPASS GRAFT SURGERY BENEFIT	<p>\$1,250 when a covered person undergoes Coronary Artery Bypass Graft Surgery.</p> <p>This benefit is payable once per covered person, per lifetime.</p>												

Refer to the following outline of coverage for benefit details, definitions, limitations and exclusions.

**LIMITED BENEFIT,
SPECIFIED DISEASE
LUMP SUM RIDER**

American Family Life Assurance Company of Columbus
(herein referred to as Aflac)
Worldwide Headquarters • 1932 Wynnton Road • Columbus, Georgia 31999
Toll-Free 1.800.99.AFLAC (1.800.992.3522)

This is a supplement to health insurance. It is not a substitute for essential health benefits or minimum essential coverage as defined in federal law.

LIMITED BENEFIT, SPECIFIED DISEASE LUMP SUM RIDER
Outline of Coverage for Rider Form Series CIRIDER

THIS IS NOT MEDICARE SUPPLEMENT COVERAGE.

If you are eligible for Medicare, review the "Guide to Health Insurance for People With Medicare" furnished by Aflac.

(1) **Read Your Contract Carefully:** This Outline of Coverage provides a very brief description of some of the important features of your rider. This is not the insurance contract and only the actual contract provisions will control. The contract itself sets forth, in detail, the rights and obligations of both you and Aflac. It is, therefore, important that you READ YOUR CONTRACT CAREFULLY.

(2) **Specified Disease Insurance Coverage** is designed to supplement your existing accident and sickness coverage only when certain losses occur as a result of Critical Illness, Accidental Injury Events or other conditions as specified. Tier One Critical Illness Events are: Heart Attack, Stroke, Coma, Type 1 Diabetes, Amyotrophic Lateral Sclerosis, Sustained Multiple Sclerosis, Permanent Loss of Sight, Hearing, or Speech; or Sudden Cardiac Arrest. Tier One Accidental Injury Events are: Paralysis and Traumatic Brain Injury. Tier Two Critical Illness Events are: Encephalitis, Bacterial Meningitis, Lyme Disease, Sickle Cell Anemia, Cerebral Palsy, Necrotizing Fasciitis, Osteomyelitis, Systemic Lupus, Cystic Fibrosis Alzheimer's Disease, or Parkinson's Disease. Coverage is provided for the benefits outlined in (3) **Benefits**. The benefits described in (3) **Benefits** may be limited by (4) **Exceptions, Reductions, and Limitations of the Rider**.

(3) **Benefits:** While coverage is in force, we will pay the following benefits, as applicable, subject to the Pre-existing Conditions Limitation and Limitations and Exclusions, as well as all other policy provisions, unless modified herein.

Benefits will not be payable for Sustained Multiple Sclerosis when multiple sclerosis was diagnosed prior to the Effective Date of coverage.

Aflac will not accept an assignment of these benefits. All benefits will be payable to you. Any accrued benefits unpaid at your death will be paid to your estate.

A. TIER ONE CRITICAL ILLNESS EVENT/SPECIFIED ACCIDENTAL INJURY EVENT BENEFIT: Aflac will pay \$5,000 upon a Covered Person's Onset Date of one of

the following Tier One Critical Illness or Accidental Injury Events:

1. Heart Attack
2. Stroke
3. Coma
4. Type 1 Diabetes
5. Amyotrophic Lateral Sclerosis
6. Sustained Multiple Sclerosis
7. Permanent Loss of Sight
8. Permanent Loss of Hearing
9. Permanent Loss of Speech
10. Sudden Cardiac Arrest
11. Paralysis due to a covered Accidental Injury
12. Traumatic Brain Injury

This benefit is payable once per Covered Person, per lifetime.

B. SUBSEQUENT TIER ONE CRITICAL ILLNESS EVENT/SPECIFIED ACCIDENTAL INJURY EVENT BENEFIT:

After a Covered Person has previously qualified for benefits for a Tier One Critical Illness Event/Specified Accidental Injury Event under Benefit A above, Aflac will pay \$2,500 upon that Covered Person's Onset Date of:

1. a recurrence of that **same** Tier One Critical Illness Event/Specified Accidental Injury Event,
or
2. an occurrence of a **different** Tier One Critical Illness Event/Specified Accidental Injury Event.

For this benefit to be payable, the Onset Date of the subsequent Tier One Critical Illness Event/Specified Accidental Injury Event must be 180 days or more from the Onset Date of any previously paid Tier One Critical Illness Event/Specified Accidental Injury Event for such Covered Person. This benefit is not payable on the same day as the Tier One Critical Illness Event/Specified Accidental Injury Event Benefit.

C. TIER TWO CRITICAL ILLNESS EVENT BENEFIT: Aflac will pay \$1,250 upon a Covered Person's Onset Date of one of the following Tier Two Critical Illness Events:

1. Encephalitis
2. Bacterial Meningitis
3. Lyme Disease
4. Sickle Cell Anemia
5. Cerebral Palsy
6. Necrotizing Fasciitis
7. Osteomyelitis
8. Systemic Lupus
9. Cystic Fibrosis
10. Alzheimer's Disease
11. Parkinson's Disease

This benefit is not payable on the same day as the Tier One Critical Illness Event/Specified Accidental Injury Event Benefit.

D. CORONARY ARTERY BYPASS GRAFT SURGERY BENEFIT: Aflac will pay \$1,250 when a Covered Person undergoes Coronary Artery Bypass Graft Surgery.

This benefit is payable once per Covered Person, per lifetime.

(4) Exceptions, Reductions, and Limitations of the Rider (This is not a daily hospital expense plan.):

- A.** Aflac will not pay benefits for any loss that is caused by a Pre-existing Condition, unless the Onset Date is more than 12 months after the Effective Date of coverage. Benefits are payable for only one covered loss at a time per Covered Person. Aflac will not pay benefits for any condition when diagnosis occurred prior to the Effective Date of coverage.
- B.** Aflac will not pay benefits for any loss that is diagnosed or treated outside the territorial limits of the United States or its possessions.
- C.** Aflac will not pay benefits whenever a policyholder is determined to be a specially designated national or blocked person as defined by the Office of Foreign Assets Control (OFAC). Aflac will periodically check all policyholders against the list published by OFAC. If a policyholder is listed as a specially designated national or blocked person, the policy will be suspended and reported to OFAC.
- D.** For any benefit to be payable, the Onset Date of the loss must occur on or after the Effective Date of coverage and while coverage is in force. If more than one loss per Covered Person occurs on the same day, only the highest eligible benefit will be paid.

E. Aflac will not pay benefits whenever fraud is committed in making a claim under the coverage or any prior claim under any other Aflac coverage for which benefits were received that were not lawfully due and that fraudulently induced payment.

F. The rider does not cover loss caused by or resulting from:

1. Being intoxicated or under the influence of any controlled substance, unless administered on the advice of a Physician and taken according to the Physician's instructions, (the term "intoxicated" refers to that condition as defined by the law of the jurisdiction in which the cause of the loss occurred);
2. Using hallucinatory drugs, or voluntary inhalation of gas;
3. Participating in, or attempting to participate in, an illegal activity that is defined as a felony, ("felony" is as defined by the law of the jurisdiction in which the activity takes place);
4. Intentionally self-inflicting a bodily injury or committing or attempting suicide, while sane or insane;
5. Being exposed to war or any act of war, declared or undeclared; or
6. Actively serving in any of the armed forces or units auxiliary thereto, including the National Guard or Reserve.

PRE-EXISTING CONDITIONS LIMITATION

A "Pre-existing Condition" is any illness, disease, infection, or injury for which, within the 12-month period before the Effective Date of coverage, prescription medication was taken or medical testing, medical advice, or treatment was recommended or received from a Physician. Benefits for a loss that is caused by a Pre-existing Condition will not be covered unless the Onset Date is more than 12 months after the Effective Date of coverage.

- (5) Renewability:** The rider is guaranteed-renewable for your lifetime by the timely payment of premiums at the rate in effect at the beginning of each term, except that we may discontinue or terminate the rider if you have performed an act or practice that constitutes fraud or have made an intentional misrepresentation of material fact relating in any way to the rider, including claims for benefits under the rider. Premium rates may change only if changed on all riders of the same form number and class in force in your state.

RETAIN FOR YOUR RECORDS.

**THIS OUTLINE OF COVERAGE IS ONLY A BRIEF SUMMARY OF THE COVERAGE PROVIDED.
CONSULT THE CONTRACT ITSELF TO DETERMINE GOVERNING CONTRACTUAL PROVISIONS.**

TERMS YOU NEED TO KNOW

ALZHEIMER'S DISEASE: a progressive degenerative brain disease that is diagnosed by a physician as Alzheimer's disease.

AMYOTROPHIC LATERAL SCLEROSIS (ALS or Lou Gehrig's disease): a chronic, progressive neurological disease resulting in permanent clinical impairment of motor function and is definitively diagnosed by a physician as amyotrophic lateral sclerosis.

BACTERIAL MENINGITIS: inflammation of the thin, membranous covering (meninges) of the brain and the spinal cord caused by a bacterial infection and characterized by fever, vomiting, intense headache, and stiff neck.

CEREBRAL PALSY: a disability resulting from damage to the brain before, during, or shortly after birth and outwardly manifested by muscular incoordination and speech disturbances.

COMA: a continuous state of profound unconsciousness diagnosed or treated on or after the effective date of coverage, lasting for a period of seven or more consecutive days and characterized by the absence of: (1) spontaneous eye movements, (2) response to painful stimuli, and (3) vocalization. The condition must require intubation for respiratory assistance. The term coma does not include any medically induced coma.

CORONARY ARTERY BYPASS GRAFT SURGERY: open-heart surgery to correct narrowing or blockage of one or more coronary arteries with bypass grafts, but excluding procedures such as but not limited to coronary angioplasty, valve replacement surgery, stent placement, laser relief, or other surgical or nonsurgical procedures.

COVERED PERSON: any person insured under the policy to which the rider is attached.

CYSTIC FIBROSIS: a hereditary disease affecting the exocrine glands which causes the production of abnormally thick mucus, leading to the blockage of the pancreatic ducts, intestines, and bronchi and often resulting in respiratory infection.

EFFECTIVE DATE: the effective date of the rider is as stated in the Policy Schedule.

ENCEPHALITIS: an inflammation of the brain, usually caused by a direct viral infection or a hyper-sensitivity reaction to a virus or foreign protein.

HEART ATTACK: a myocardial infarction that results in death or damage of heart muscle as a result of a blood clot or blockage of a coronary artery, one of the arteries that supplies blood to the heart muscle. The infarction must be positively diagnosed by a physician and must be evidenced by blood tests that demonstrate damage to heart muscle cells together with electrocardiographic and/or clinical findings. The definition of heart attack shall not be construed to mean congestive heart failure (chronic loss of heart muscle function), atherosclerotic heart disease, angina (cardiac pain in the absence of evidence of damage to heart muscle), other forms of chronic coronary artery disease, sudden cardiac arrest, or any other dysfunction of the cardiovascular system.

LYME DISEASE: an inflammatory disease caused by bacteria that are transmitted by ticks that is characterized initially by a rash, headache, fever, and chills, and later by possible arthritis and neurological and cardiac conditions.

NECROTIZING FASCIITIS: a severe bacterial infection of the fascia, the soft tissues that line and separate muscles, that causes extensive tissue death.

ONSET DATE: is as follows for each covered condition:

- Heart Attack: the date of occurrence of a heart attack as defined in the rider.
- Stroke: the date of occurrence of a stroke as defined in the rider.
- Coma: the date a physician confirms a coma as defined in the rider.
- Paralysis: the date a physician establishes the diagnosis of paralysis (as defined in the rider) on clinical or laboratory findings as supported by medical records.
- Type 1 Diabetes: the date a physician initially establishes the diagnosis of type 1 diabetes on clinical or laboratory findings as supported by medical records.
- Traumatic Brain Injury: the date of occurrence of a traumatic brain injury as defined in the rider.
- Alzheimer's Disease: the date of initial diagnosis by a physician.
- Parkinson's Disease: the date of initial diagnosis by a physician.
- Amyotrophic Lateral Sclerosis (ALS or Lou Gehrig's disease): the date of diagnosis of amyotrophic lateral sclerosis as defined in the rider.
- Sustained Multiple Sclerosis: the date of diagnosis of sustained multiple sclerosis (as defined in the rider) by a physician.
- Permanent Loss of Sight, Hearing, or Speech: the date that permanent loss of sight, hearing, or speech (as defined in the rider) is initially diagnosed by a physician.
- Sudden Cardiac Arrest: the date of occurrence of sudden cardiac arrest as defined in the rider.
- Encephalitis, Bacterial Meningitis, Lyme Disease, Necrotizing Fasciitis, and Osteomyelitis: the date of diagnosis by a physician.
- Sickle Cell Anemia and Cerebral Palsy: the date of initial diagnosis by a physician.
- Coronary Artery Bypass Graft Surgery: the date of surgery.
- Systemic Lupus: the date of initial diagnosis by a physician.
- Cystic Fibrosis: the date of initial diagnosis by a physician.

OSTEOMYELITIS: inflammation of the bone due to infection.

PARALYSIS: complete and total loss of use of two or more limbs (paraplegia, quadriplegia, or hemiplegia) for a continuous period of at least 30 days as the result of a spinal cord accidental injury that occurred on or after the effective date of coverage. The paralysis must be confirmed by the attending physician.

PARKINSON'S DISEASE: a chronic progressive neurological disease that is diagnosed by a physician as Parkinson's disease.

PERMANENT LOSS OF SIGHT, HEARING, or SPEECH:

- Loss of Sight: the restriction of visual field to 20 degrees or less in both eyes, or the reduction of sight in the better eye to a corrected visual acuity of less than 6/60 (Metric Acuity) or 20/200 (Snellen or E-chart Acuity), and diagnosed by a physician.
- Loss of Hearing: the total, irreversible, and uncorrectable loss of all hearing in both ears and diagnosed by a physician.
- Loss of Speech: the permanent, total, and irreversible loss of the ability to speak, including loss of speech due to surgery or medical treatment for an illness, and diagnosed by a physician.

SICKLE CELL ANEMIA: a chronic hereditary blood disease marked by sickle-shaped red blood cells and characterized by episodic pain in the joints, fever, leg ulcers, and jaundice.

STROKE: a sudden loss of nerve function due to rupture or acute blockage of an artery in the brain or central nervous system. The loss of nerve function must cause complete or partial loss of the ability to move or feel some part of the body and must last more than 24 hours. The stroke must be positively diagnosed by a physician based upon documented neurological abnormalities and confirmatory neuroimaging studies. Stroke does not mean head injury, transient ischemic attack, TIA (temporary and reversible loss of nerve function lasting 24 hours or less), cerebrovascular insufficiency (insufficient blood flow to the brain for other reasons such as massive blood loss), and lacunar infarction, or LACI (blockage of one of the penetrating arteries that provides blood to the brain's deep structures).

SUDDEN CARDIAC ARREST: sudden, unexpected loss of heart function in which the heart abruptly and without warning stops working as a result of an internal electrical system malfunction of the heart. Any death where the sole cause of death shown on the death certificate is cardiovascular collapse, sudden cardiac arrest, cardiac arrest, or sudden cardiac death shall be deemed to be sudden cardiac arrest for purposes of the rider.

SUSTAINED MULTIPLE SCLEROSIS: a chronic degenerative disease of the central nervous system in which gradual destruction of myelin occurs in the brain or spinal cord or both, interfering with the nerve pathways, with muscular weakness, loss of coordination, or speech and visual disturbances present for a continuous period of at least 90 days.

SYSTEMIC LUPUS: a chronic inflammatory multisystem disease that occurs when the body's immune system attacks its own tissues and organs.

TERMINATION: the rider will terminate upon the earlier of the termination of the policy to which it is attached or the failure to pay the premiums for the rider.

TIER ONE CRITICAL ILLNESS EVENT: Heart Attack; Stroke; Coma; Type 1 Diabetes; Amyotrophic Lateral Sclerosis; Sustained Multiple Sclerosis; Permanent Loss of Sight, Hearing, or Speech; or Sudden Cardiac Arrest.

TIER ONE SPECIFIED ACCIDENTAL INJURY EVENT: Paralysis or Traumatic Brain Injury.

TIER TWO CRITICAL ILLNESS EVENT: Encephalitis, Bacterial Meningitis, Lyme Disease, Sickle Cell Anemia, Cerebral Palsy, Necrotizing Fasciitis, Osteomyelitis, Systemic Lupus, Cystic Fibrosis, Alzheimer's Disease or Parkinson's Disease.

TRAUMATIC BRAIN INJURY: a nondegenerative, noncongenital accidental injury to the brain from an external nonbiological force, requiring hospital confinement for 48 hours or more and resulting in a permanent neurological deficit with significant loss of muscle function and persistent clinical symptoms. Traumatic brain injury must be positively diagnosed by a physician based upon documented neurological deficits and confirmatory neuroimaging studies.

TYPE 1 DIABETES: a form of diabetes mellitus causing total insulin deficiency of a covered person along with continuous dependence on exogenous insulin in order to maintain life. A diagnosis of type 1 diabetes must be made by a physician.



aflac.com || **1.800.99.AFLAC** (1.800.992.3522)

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