Aflac
Critical Care Protection

SPECIFIED HEALTH EVENT INSURANCE – OPTION 1

We’ve been dedicated to helping provide peace of mind and financial security for more than 60 years.

THE POLICY IS A SUPPLEMENT TO HEALTH INSURANCE AND IS NOT A SUBSTITUTE FOR MAJOR MEDICAL COVERAGE. LACK OF MAJOR MEDICAL COVERAGE (OR OTHER MINIMUM ESSENTIAL COVERAGE) MAY RESULT IN AN ADDITIONAL PAYMENT WITH YOUR TAXES.

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RC(3/22)
Critical care for you. Added financial protection for your family.

Aflac’s Critical Care Protection policy helps provide financial peace of mind if you experience a serious health event, such as a heart attack or stroke. You will receive a lump sum benefit upon diagnosis of a covered event with additional benefits to be paid for things such as a hospital confinement, ambulance, transportation, lodging, and therapy.

All benefits are paid directly to you, unless otherwise assigned, and can be used for any out-of-pocket expenses you have such as car payments, mortgage or rent payments, or utility bills. Aflac Critical Care Protection allows you to help protect the things you love the most from the things you expect the least.
Understand the difference Aflac can make in your financial security.

Aflac pays cash benefits directly to you, unless otherwise assigned. Aflac Critical Care Protection is designed to provide you with cash benefits if you experience a specified health event, such as sudden cardiac arrest or end-stage renal failure. This means that you will have added financial resources to help with expenses incurred due to a serious health event, to help with ongoing living expenses, or to help with any purpose you choose.

An illness or injury can happen to anyone, anytime—and when it does, everyday expenses may suddenly seem overwhelming. Fortunately, Aflac’s Critical Care Protection can help with those everyday expenses, so all you have to focus on is getting well.

Aflac Critical Care Protection offers more types of benefits compared to other critical illness coverage on the market:

- Pays $7,500 upon diagnosis of having had a specified health event, which increases to $10,000 for dependent children
- Pays $300 per day for covered hospital stays
- Pays benefits for physical therapy, speech therapy, rehabilitation therapy, home health care, and many more
- Transportation and lodging benefits payable for travel to receive treatment
- Guaranteed-renewable—as long as premiums are paid, the policy cannot be canceled

Specified health events covered by the Critical Care Protection policy include:

- Heart Attack
- Stroke
- Coronary Artery Bypass Graft Surgery (CABG)
- Sudden Cardiac Arrest
- Third-Degree Burns
- Coma
- Paralysis
- Major Human Organ Transplant
- End-Stage Renal Failure
- Persistent Vegetative State

How it works

<table>
<thead>
<tr>
<th>AFLAC CRITICAL CARE PROTECTION INSURANCE</th>
</tr>
</thead>
<tbody>
<tr>
<td>POLICYHOLDER SUFFERS A HEART ATTACK.</td>
</tr>
<tr>
<td>POLICYHOLDER IS TRANSPORTED TO THE HOSPITAL BY AMBULANCE AND IS HOSPITALIZED.</td>
</tr>
<tr>
<td>AFTER LEAVING THE HOSPITAL, POLICYHOLDER RECEIVES PHYSICAL THERAPY.</td>
</tr>
</tbody>
</table>

The above example is based on a scenario for Aflac Critical Care Protection – Option 1 that includes the following benefit conditions: Specified Health Event Benefit (heart attack) of $7,500, Ambulance Benefit (ground ambulance transportation) of $250, Hospital Confinement Benefit (5 days) of $1,500, and Continuing Care Benefit (30 days) of $3,750.

Benefits and/or premiums may vary based on state and option level selected. The policy has limitations, exclusions and pre-existing conditions limitations that may affect benefits payable. Riders are available for an additional cost. For costs and complete details of the coverage, contact your Aflac insurance agent/producer. This brochure is for illustrative purposes only. Refer to the policy for complete benefit details, definitions, limitations and exclusions.
<table>
<thead>
<tr>
<th>BENEFIT NAME</th>
<th>BENEFIT AMOUNT</th>
</tr>
</thead>
<tbody>
<tr>
<td>SPECIFIED HEALTH EVENT BENEFIT:</td>
<td>$7,500</td>
</tr>
<tr>
<td>• NAMED INSURED/SPOUSE</td>
<td>$10,000</td>
</tr>
<tr>
<td>• DEPENDENT CHILDREN</td>
<td></td>
</tr>
<tr>
<td>Payment of the above is limited to one time, per covered person, per lifetime After the amount above has been paid for a covered person’s specified health event, Aflac will pay $3,500 if such covered person is later diagnosed as having had a subsequent specified health event. <strong>This benefit is payable once per covered person, per calendar year. This benefit has no lifetime maximum</strong></td>
<td></td>
</tr>
<tr>
<td>CORONARY ANGIOPLASTY BENEFIT</td>
<td>$1,000; payable only once per covered person, per lifetime</td>
</tr>
<tr>
<td>HOSPITAL CONFINEMENT BENEFIT</td>
<td>$300 per day; no lifetime maximum</td>
</tr>
<tr>
<td>AMBULANCE BENEFIT</td>
<td>$250 ground or $2,000 air; no lifetime maximum</td>
</tr>
<tr>
<td>CONTINUING CARE BENEFIT</td>
<td>$125 each day when a covered person is charged for any of the following treatments:</td>
</tr>
<tr>
<td>• Rehabilitation Therapy</td>
<td>• Home Health Care</td>
</tr>
<tr>
<td>• Physical Therapy</td>
<td>• Dialysis</td>
</tr>
<tr>
<td>• Speech Therapy</td>
<td>• Hospice Care</td>
</tr>
<tr>
<td>• Occupational Therapy</td>
<td>• Extended Care</td>
</tr>
<tr>
<td>• Respiratory Therapy</td>
<td>• Physician Visits</td>
</tr>
<tr>
<td>• Dietary Therapy/Consultation</td>
<td>• Nursing Home Care</td>
</tr>
<tr>
<td>• Home Health Care</td>
<td></td>
</tr>
<tr>
<td>Treatment is limited to 75 days for continuing care received within 180 days following the occurrence of the most recent covered loss. No lifetime maximum</td>
<td></td>
</tr>
<tr>
<td>TRANSPORTATION BENEFIT</td>
<td>$.50 per mile, per covered person whom special treatment is prescribed, for a covered loss. Limited to $1,500 per occurrence; no lifetime maximum</td>
</tr>
<tr>
<td>LODGING BENEFIT</td>
<td>Up to $75 per day, for covered lodging charges Limited to 15 days per occurrence; no lifetime maximum</td>
</tr>
<tr>
<td>WAIVER OF PREMIUM BENEFIT</td>
<td>Premium waived, from month to month, during total inability (after 180 continuous days)</td>
</tr>
<tr>
<td>CONTINUATION OF COVERAGE BENEFIT</td>
<td>Waives all monthly premiums for up to 2 months, when all conditions for this benefit are met</td>
</tr>
</tbody>
</table>

REFER TO THE DISCLOSURE FORM FOR BENEFIT DETAILS, DEFINITIONS, LIMITATIONS AND EXCLUSIONS.
LIMITED BENEFIT

AFLAC CRITICAL CARE PROTECTION

SPECIFIED HEALTH EVENT BENEFIT:
• NAMED INSURED/SPOUSE
  $7,500
• DEPENDENT CHILDREN
  $10,000
Payment of the above is limited to one time, per covered person, per lifetime.
After the amount above has been paid for a covered person’s specified health event, Aflac will pay $3,500 if such covered person is later diagnosed as having had a subsequent specified health event.
This benefit is payable once per covered person, per calendar year. This benefit has no lifetime maximum.

CORONARY ANGIOPLASTY BENEFIT
$1,000; payable only once per covered person, per lifetime.

HOSPITAL CONFINEMENT BENEFIT
$300 per day; no lifetime maximum.

AMBULANCE BENEFIT
$250 ground or $2,000 air; no lifetime maximum.

CONTINUING CARE BENEFIT
$125 each day when a covered person is charged for any of the following treatments:
• Rehabilitation Therapy
• Physical Therapy
• Speech Therapy
• Occupational Therapy
• Respiratory Therapy
• Dietary Therapy/Consultation
• Home Health Care
• Dialysis
• Hospice Care
• Extended Care
• Physician Visits
• Nursing Home Care
Treatment is limited to 75 days for continuing care received within 180 days following the occurrence of the most recent covered loss. No lifetime maximum.

TRANSPORTATION BENEFIT
$.50 per mile, per covered person whom special treatment is prescribed, for a covered loss. Limited to $1,500 per occurrence; no lifetime maximum.

LODGING BENEFIT
Up to $75 per day, for covered lodging charges. Limited to 15 days per occurrence; no lifetime maximum.

WAIVER OF PREMIUM BENEFIT
Premium waived, from month to month, during total inability (after 180 continuous days).

CONTINUATION OF COVERAGE BENEFIT
Waives all monthly premiums for up to 2 months, when all conditions for this benefit are met.
American Family Life Assurance Company of Columbus  
(herein referred to as Aflac)  
Worldwide Headquarters • 1932 Wynnont Road • Columbus, Georgia 31999  
Toll-Free 1.800.99.AFLAC (1.800.992.3522)  

SPECIFIED HEALTH EVENT INSURANCE  
Supplemental Health Insurance Coverage  
Policy Form Series A74100  

IMPORTANT INFORMATION ABOUT THE  
COVERAGE YOU ARE BEING OFFERED  

Save this statement! It may be important to you in the future. The Washington State Insurance Commissioner requires that we give you the following information about fixed payment benefits.

This coverage is not comprehensive health care insurance and will not cover the cost of most hospital and other medical services.

This disclosure provides a very brief description of the important features of the coverage being considered. It is not an insurance contract and only the actual policy provisions will control. The policy itself will include in detail the rights and obligations of both the master policyholder and Aflac.

This coverage is designed to pay you a fixed dollar amount regardless of the amount that the provider charges. Payments are not based on a percentage of the provider’s charge and are paid in addition to any other health plan coverage you may have.

CAUTION: If you are also covered under a High Deductible Health Plan (HDHP) and are contributing to a Health Savings Account (HSA), you should check with your tax advisor or benefit advisor prior to purchasing this coverage to be sure that you will continue to be eligible to contribute to the HSA if this coverage is purchased.

(1) Specified Health Event Insurance Coverage is designed to supplement your existing accident and sickness coverage only when certain losses occur as a result of Specified Health Events or other conditions as specified. Specified Health Events are: Heart Attack, Stroke, End-Stage Renal Failure, Major Human Organ Transplant, Third-Degree Burns, Persistent Vegetative State, Coma, Paralysis, Coronary Artery Bypass Graft Surgery (CABG), or Sudden Cardiac Arrest. Coverage is provided for the benefits outlined in (2) Benefits. The benefits described in (2) Benefits may be limited by (4) Exceptions, Reductions, and Limitations of the Policy.

(2) Benefits: While coverage is in force, Aflac will pay the following benefits, as applicable, subject to the Pre-existing Condition Limitations, Limitations and Exclusions, and all other policy provisions. The term “Hospital Confinement” does not include emergency rooms. Treatment or confinement in a U.S. government Hospital does not require a charge for benefits to be payable.

A. SPECIFIED HEALTH EVENT BENEFIT: Aflac will pay the following benefit amount for each Covered Person when he or she is diagnosed as having had a Specified Health Event:

<table>
<thead>
<tr>
<th>Benefit Description</th>
<th>Benefit Amount</th>
</tr>
</thead>
<tbody>
<tr>
<td>Death</td>
<td>$10,000</td>
</tr>
<tr>
<td>Critical Illness</td>
<td>$7,500</td>
</tr>
<tr>
<td>Cancer</td>
<td>$10,000</td>
</tr>
<tr>
<td>Accident</td>
<td>$5,000</td>
</tr>
<tr>
<td>Sudden Cardiac Arrest</td>
<td>$2,500</td>
</tr>
<tr>
<td>Major Human Organ Transplant</td>
<td>$5,000</td>
</tr>
<tr>
<td>Coronary Artery Bypass Graft Surgery (CABG)</td>
<td>$2,500</td>
</tr>
</tbody>
</table>

Named Insured/Spouse  
$7,500  
Dependent Children  
$10,000  

Payment of the above is limited to one time, per Covered Person, per lifetime.

After the amount above has been paid for a Covered Person’s Specified Health Event, Aflac will pay $3,500 if such Covered Person is later diagnosed as having had a subsequent Specified Health Event. This benefit is payable once per Covered Person, per Calendar Year. This benefit has no lifetime maximum.

B. CORONARY ANGIOPLASTY BENEFIT: Aflac will pay $1,000 when a Covered Person has a Coronary Angioplasty, with or without stents. This benefit is payable only once per Covered Person, per lifetime.

C. HOSPITAL CONFINEMENT BENEFIT (includes confinement in a U.S. government Hospital): When a Covered Person requires Hospital Confinement for the treatment of a covered Loss, Aflac will pay $300 per day for each day a Covered Person is charged as an inpatient. This benefit is limited to confinements for the treatment of a covered Loss that occur within 500 days following the occurrence of the most recent covered Loss. No lifetime maximum.
Hospital Confinement Benefits are payable for only one covered Loss at a time per Covered Person. Confinement in a U.S. government Hospital does not require a charge for benefits to be payable.

This benefit is not payable on the same day as the Continuation Care Benefit. The highest eligible benefit will be paid.

D. AMBULANCE BENEFIT: If, due to a covered Loss, a Covered Person requires ground ambulance transportation to or from a Hospital, Aflac will pay $250. If air ambulance transportation is required due to a covered Loss, we will pay $2,000. A licensed professional ambulance company must provide the ambulance service. This benefit will not be paid for more than two times per occurrence of a Loss. This benefit is not payable beyond the 180th day following the occurrence of a covered Loss. No lifetime maximum.

The Continuing Care, Transportation, and Lodging Benefits will be paid for care received within 180 days following the occurrence of a covered Loss. Benefits are payable for only one covered Loss at a time per Covered Person. If a Covered Person is eligible to receive benefits for more than one covered Loss, we will pay benefits only for care received within the 180 days following the occurrence of the most recent covered Loss.

E. CONTINUING CARE BENEFIT: If, as the result of a covered Loss, a Covered Person receives any of the following treatments from a licensed Physician, Aflac will pay $125 each day a Covered Person is charged:

1. rehabilitation therapy
2. physical therapy
3. speech therapy
4. occupational therapy
5. respiratory therapy
6. dietary therapy/consultation
7. home health care
8. dialysis
9. hospice care
10. extended care
11. Physician visits
12. nursing home care

Treatment is limited to 75 days for continuing care received within 180 days following the occurrence of the most recent covered Loss. Daily maximum for this benefit is $125 regardless of the number of treatments received.

This benefit is not payable on the same day as the Hospital Confinement Benefit. The highest eligible benefit will be paid. No lifetime maximum.

F. TRANSPORTATION BENEFIT: If a Covered Person requires special medical treatment that has been prescribed by the local attending Physician for a covered Loss, Aflac will pay 50 cents per mile for noncommercial travel or the costs incurred for commercial travel (coach class plane, train, or bus fare) for transportation of a Covered Person for the round-trip distance between the Hospital or medical facility and the residence of the Covered Person. This benefit is not payable for transportation by ambulance or air ambulance to the Hospital. Reimbursement will be made only for the method of transportation actually taken. This benefit will be paid only for the Covered Person for whom the special treatment is prescribed. If the special treatment is for a Dependent Child and commercial travel is necessary, we will pay this benefit for up to two adults to accompany the Dependent Child. The benefit amount payable is limited to $1,500 per occurrence of a covered Loss. Transportation Benefits are not payable beyond the 180th day following the occurrence of a covered Loss. This benefit is not payable beyond the 180th day following the occurrence of a covered Loss. No lifetime maximum.

G. LODGING BENEFIT: Aflac will pay the charges incurred up to $75 per day for lodging, in a room in a motel, hotel, or other commercial accommodation, for you or any one adult family member when a Covered Person receives special medical treatment for a covered Loss at a Hospital or medical facility. The Hospital, medical facility, and lodging must be more than 50 miles from the Covered Person’s residence. This benefit is not payable for lodging occurring more than 24 hours prior to treatment or for lodging occurring more than 24 hours following treatment. This benefit is limited to 15 days per occurrence of a covered Loss.

This benefit is not payable beyond the 180th day following the occurrence of a covered Loss. No lifetime maximum.

H. WAIVER OF PREMIUM BENEFIT:

Employed: If you, due to a covered Specified Health Event, are completely unable to do all of the usual and customary duties of your occupation for a period of 180 continuous days, Aflac will waive, from month to month, any premiums falling due during your continued inability. For premiums to be waived, Aflac will require an employer’s statement and a Physician’s statement of your inability to perform said duties, and may each month thereafter require a Physician’s statement that total inability continues.

Not Employed: If you, due to a covered Specified Health Event, are completely unable to perform three or more of the Activities of Daily Living (ADLs) without Direct Personal Assistance for a period of 180 continuous days, Aflac will waive, from month to month, any premiums falling due during your continued inability. For premiums to be waived, Aflac will require a Physician’s statement of your inability to perform said activities, and may each month thereafter require a Physician’s statement that total inability continues.
If you die and your Spouse becomes the new Named Insured, premiums will start again and be due on the first premium due date after the change. The new Named Insured will then be eligible for this benefit if the need arises.

While this benefit is being paid, Aflac may ask for and use an independent consultant to determine whether you can perform an ADL.

I. **CONTINUATION OF COVERAGE BENEFIT:** Aflac will waive all monthly premiums due for the policy and riders, if any, for up to two months if you meet all of the following conditions:

1. Your policy has been in force for at least six months;
2. We have received premiums for at least six consecutive months;
3. Your premiums have been paid through payroll deduction, and you leave your employer for any reason;
4. You or your employer has notified us in writing within 30 days of the date your premium payments ceased due to your leaving employment; and
5. You re-establish premium payments through:
   a. your new employer’s payroll deduction process, or
   b. direct payment to Aflac.

You will again become eligible to receive this benefit after:

1. You re-establish your premium payments through payroll deduction for a period of at least six months, and
2. We receive premiums for at least six consecutive months.

“Payroll deduction” means your premium is remitted to Aflac for you by your employer through a payroll deduction process or any other method agreed to by Aflac and the employer.

(3) Optional Benefits:

**SPECIFIED HEALTH EVENT BUILDING BENEFIT RIDER:**
(Series A74050) Applied for ☐ Yes ☐ No

The Specified Health Event Benefit, as defined in the policy, will be increased by $500 on each rider anniversary date while the rider remains in force. (The amount of the monthly increase will be determined on a pro rata basis.) This benefit will be paid under the same terms as the Specified Health Event Benefit. This benefit will cease to build for each Covered Person on the anniversary date of the rider following the Covered Person’s 65th birthday or at the time of a Specified Health Event, subject to the Limitations and Exclusions of the policy, for that Covered Person, whichever occurs first. However, regardless of the age of the Covered Person on the Effective Date of the rider, this benefit will accrue for a period of at least five years unless a Specified Health Event is diagnosed prior to the fifth year of coverage. (If the rider is Individual coverage, no further premium will be billed for the rider after the payment of benefits.)

**SPECIFIED HEALTH EVENT RECOVERY BENEFIT RIDER:**
(Series A74051) Applied for ☐ Yes ☐ No

**SPECIFIED HEALTH EVENT RECOVERY:** A Covered Person will be considered in Specified Health Event Recovery if he or she continues to be under the active care and treatment by a Physician for a covered Specified Health Event OR he or she is unable to engage in the duties of his or her regular occupation due to a covered Specified Health Event. “Specified Health Event” includes Heart Attack, Stroke, End-Stage Renal Failure, Major Human Organ Transplant, Third-Degree Burns, Persistent Vegetative State, Coma, Paralysis, Coronary Artery Bypass Graft Surgery (CABG), or Sudden Cardiac Arrest occurring on or after the Effective Date of coverage under the rider. (If the rider is Individual coverage, no further premium will be billed for the rider after the payment of lifetime maximum benefits.)

**SPECIFIED HEALTH EVENT RECOVERY BENEFIT:** Aflac will pay $500 per month while a Covered Person remains in Specified Health Event Recovery upon receipt of written proof of Loss from that person’s Physician.

Lifetime maximum of six months per Covered Person.

(4) Exceptions, Reductions, and Limitations of the Policy (not a daily hospital expense plan):

A. Aflac will not pay benefits for any Loss that is caused by a Pre-existing Condition unless the Loss occurs more than 12 months after the Effective Date of coverage.

B. Aflac will not pay benefits for any Loss that is diagnosed or treated outside the territorial limits of the United States or its possessions.

C. Aflac will not pay benefits whenever coverage provided by the policy is in violation of any U.S. economic or trade sanctions. If the coverage violates U.S. economic or trade sanctions, such coverage shall be null and void.

D. For any benefit to be payable, the Loss must occur on or after the Effective Date of coverage and while coverage is in force.

E. Aflac will not pay benefits whenever fraud is committed in making a claim under the coverage or any prior claim under any other Aflac coverage for which benefits were received that were not lawfully due and that fraudulently induced payment.

F. The policy does not cover Losses or confinements caused by or resulting from:

1. Having treatment for a mental or emotional disorder, alcoholism, or drug addiction;
2. Participating in, or attempting to participate in, an illegal activity that is defined as a felony, whether charged or not (“felony” is as defined by the law of the jurisdiction in which the activity takes place), or being incarcerated in any detention facility or penal institution;

3. Participating in any sport or sporting activity for wage, compensation, or profit, including officiating or coaching; or racing any type vehicle in an organized event;

4. Intentionally self-inflicting a bodily injury or committing or attempting suicide, while sane or insane;

5. Having elective surgery that is not Medically Necessary within the first 12 months of the Effective Date of coverage; or

6. War or any act of war, declared or undeclared, or actively serving in any of the armed forces or units auxiliary thereto, including the National Guard or Reserve.

PRE-EXISTING CONDITION LIMITATIONS: A “Pre-existing Condition” is an illness, disease, infection, disorder, or injury for which, within the 12-month period before the Effective Date of coverage, prescription medication was taken or medical testing, medical advice, consultation, or treatment was recommended or received, or for which symptoms existed that would ordinarily cause a prudent person to seek diagnosis, care, or treatment. Benefits will not be payable for any Loss that is caused by a Pre-existing Condition unless the Loss occurs more than 12 months after the Effective Date of coverage.

(5) Renewability: The policy is guaranteed-renewable for your lifetime by the timely payment of premiums at the rate in effect at the beginning of each term, except that we may discontinue or terminate the policy if you have performed an act or practice that constitutes fraud or have made an intentional misrepresentation of material fact relating in any way to the policy, including claims for benefits under the policy. Premium rates may change only if changed on all policies of the same form number and class in force in your state.
**ACTIVITIES OF DAILY LIVING (ADLs):** activities used in measuring your levels of personal functioning capacity. Normally, these activities are performed without direct personal assistance, allowing you personal independence in everyday living.

The ADLs are:

1. **Bathing:** washing oneself by sponge bath or in either a tub or shower, including the task of getting into or out of the tub or shower;
2. **Maintaining continence:** controlling urination and bowel movements, including your ability to use ostomy supplies or other devices such as catheters;
3. **Transferring:** moving between a bed and a chair, or a bed and a wheelchair;
4. **Dressing:** putting on and taking off all necessary items of clothing;
5. **Toileting:** getting to and from a toilet, getting on and off a toilet, and performing associated personal hygiene; and
6. **Eating:** performing all major tasks of getting food into your body.

**COMA:** a continuous state of profound unconsciousness lasting for a period of seven or more consecutive days and characterized by the absence of: (1) spontaneous eye movements, (2) response to painful stimuli, and (3) vocalization. The condition must require intubation for respiratory assistance. The term coma does not include any medically induced coma. The coma must begin on or after the effective date of coverage and while coverage is in force for benefits to be payable.

**CORONARY ANGIOPLASTY:** a medical procedure in which a balloon is used to open narrowed or blocked blood vessels of the heart (coronary arteries). This procedure may be performed with or without stents.

**CORONARY ARTERY BYPASS GRAFT SURGERY (CABG):** open-heart surgery to correct narrowing or blockage of one or more coronary arteries with bypass grafts, but excluding procedures such as but not limited to coronary angioplasty, valve replacement surgery, stent placement, laser relief, or other surgical or nonsurgical procedures.

**COVERED PERSON:** any person insured under the coverage type that you applied for on the application: individual (named insured listed in the Policy Schedule), named insured/spouse only (named insured and spouse), one-parent family (named insured and dependent children), or two-parent family (named insured, spouse, and dependent children). Spouse is defined as the person to whom you are legally married and who is listed on your application. This includes the relationship created by a domestic partnership. Newborn children are automatically covered under the terms of the policy from the moment of birth. If individual or named insured/spouse only coverage is in force and if payment of an additional premium is required to provide coverage, you must notify Aflac in writing within 60 days of the child’s birth. Upon notification, Aflac will convert the policy to one-parent family or two-parent family coverage and advise you of the additional premium due, if any. One-parent family or two-parent family coverage will continue to include any other dependent child, regardless of age, who is incapable of self-sustaining employment by reason of developmental disability or physical handicap, and who became so incapacitated prior to age 26 and while covered under the policy. Dependent children are your natural children, stepchildren, or adopted children who are under age 26. A dependent child (including persons incapable of self-sustaining employment by reason of developmental disability or physical handicap) must be under age 26 at the time of application to be eligible for coverage.

**EFFECTIVE DATE:** the date(s) coverage begins as shown in the Policy Schedule or any attached endorsements or riders. The effective date is not the date you signed the application for coverage.

**END-STATE RENAL FAILURE:** permanent and irreversible kidney failure, not of an acute nature.

**HEART ATTACK:** a myocardial infarction. The attack must be positively diagnosed by a physician and must be evidenced by electrocardiographic findings or clinical findings together with blood enzyme findings. The definition of heart attack shall not be construed to mean congestive heart failure, atherosclerotic heart disease, angina, coronary artery disease, cardiac arrest, or any other dysfunction of the cardiovascular system.

The heart attack must occur on or after the effective date of coverage and while coverage is in force for benefits to be payable. Sudden cardiac arrest is not a heart attack.

**HOSPITAL:** a legally operated institution licensed by the state in which it is located that maintains and uses a laboratory, X-ray equipment, and an operating room on its premises or in facilities available to it on a prearranged, written, contractual basis. The institution must also have permanent and full-time facilities for the care of overnight-resident bed patients under the supervision of one or more licensed physicians, provide 24-hour-a-day nursing service by or under the supervision of a registered professional nurse, and maintain the patients’ written histories and medical records on the premises. The term hospital also includes ambulatory surgical centers. The term hospital does not include any institution or part thereof used as an emergency room; a rehabilitation unit; a hospice unit, including any bed designated as a hospice bed or a swing bed; a transitional care unit; a convalescent home; a rest or nursing facility; a psychiatric unit; an extended-care facility; a skilled nursing facility; or a facility primarily affording custodial or educational care, or treatment for persons suffering from mental disease or disorders, care for the aged, or care for persons addicted to drugs or alcohol.

**HOSPITAL CONFINEMENT:** a stay of a covered person confined to a bed in a hospital for a period of 23 hours or more for which a room charge is made. The hospital confinement must be on the advice of a physician and medically necessary. Treatment or confinement in a U.S. government hospital does not require a charge for benefits to be payable.

**HEART ATTACK:** a myocardial infarction. The attack must be positively diagnosed by a physician and must be evidenced by electrocardiographic findings or clinical findings together with blood enzyme findings. The definition of heart attack shall not be construed to mean congestive heart failure, atherosclerotic heart disease, angina, coronary artery disease, cardiac arrest, or any other dysfunction of the cardiovascular system. The heart attack must occur on or after the effective date of coverage and while coverage is in force for benefits to be payable. Sudden cardiac arrest is not a heart attack.

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**HOSPITAL:** a legally operated institution licensed by the state in which it is located that maintains and uses a laboratory, X-ray equipment, and an operating room on its premises or in facilities available to it on a prearranged, written, contractual basis. The institution must also have permanent and full-time facilities for the care of overnight-resident bed patients under the supervision of one or more licensed physicians, provide 24-hour-a-day nursing service by or under the supervision of a registered professional nurse, and maintain the patients’ written histories and medical records on the premises. The term hospital also includes ambulatory surgical centers. The term hospital does not include any institution or part thereof used as an emergency room; a rehabilitation unit; a hospice unit, including any bed designated as a hospice bed or a swing bed; a transitional care unit; a convalescent home; a rest or nursing facility; a psychiatric unit; an extended-care facility; a skilled nursing facility; or a facility primarily affording custodial or educational care, or treatment for persons suffering from mental disease or disorders, care for the aged, or care for persons addicted to drugs or alcohol.

**HOSPITAL CONFINEMENT:** a stay of a covered person confined to a bed in a hospital for a period of 23 hours or more for which a room charge is made. The hospital confinement must be on the advice of a physician and medically necessary. Treatment or confinement in a U.S. government hospital does not require a charge for benefits to be payable.
LOSS: a specified health event or coronary angioplasty occurring on or after the effective date of coverage and while coverage is in force.

MAJOR HUMAN ORGAN TRANSPLANT: a surgery in which a covered person receives, as a result of a surgical transplant, one or more of the following human organs: kidney, liver, heart, lung, or pancreas. **This does not include transplants involving mechanical or nonhuman organs.**

PARALYSIS: complete and total loss of use of two or more limbs (paraplegia, quadriplegia, or hemiplegia) for a continuous period of at least 30 days as the result of a spinal cord injury. The paralysis must be confirmed by the attending physician. The spinal cord injury causing the paralysis must occur on or after the effective date of coverage and while coverage is in force for benefits to be payable.

PERSISTENT VEGETATIVE STATE: a state of severe mental impairment in which only involuntary bodily functions are present for a continuous period of at least 30 days and for which there exists no reasonable expectation of regaining significant cognitive function. The procedure for establishing a persistent vegetative state is as follows: two physicians, one of whom must be the attending physician, who, after personally examining the covered person, shall certify in writing, based upon conditions found during the course of their examination, that:

1. The covered person’s cognitive function has been substantially impaired; and
2. There exists no reasonable expectation that the covered person will regain significant cognitive function.

PHYSICIAN: a person legally qualified to practice medicine, other than you or a member of your immediate family, who is licensed as a physician by the state where treatment is received to treat the type of condition for which a claim is made.

SPECIFIED HEALTH EVENT: heart attack, stroke, end-stage renal failure, major human organ transplant, third-degree burns, persistent vegetative state, coma, paralysis, coronary artery bypass graft surgery (CABG), or sudden cardiac arrest.

STROKE: apoplexy due to rupture or acute occlusion of a cerebral artery. The apoplexy must cause complete or partial loss of function involving the motion or sensation of a part of the body and must last more than 24 hours. The stroke must be positively diagnosed by a physician based upon documented neurological deficits and confirmatory neuroimaging studies. Stroke does not mean head injury, transient ischemic attack (TIA), cerebrovascular insufficiency, or lacunar infarction (LACI).

SUDDEN CARDIAC ARREST: sudden, unexpected loss of heart function in which the heart abruptly and without warning stops working as a result of an internal electrical system malfunction of the heart. Any death where the sole cause of death shown on the death certificate is cardiovascular collapse, sudden cardiac arrest, cardiac arrest, or sudden cardiac death shall be deemed to be sudden cardiac arrest for purposes of the policy. Sudden cardiac arrest is not a heart attack.

THIRD-DEGREE BURNS: an area of tissue damage in which there is destruction of the entire epidermis and underlying dermis and that covers more than 10 percent of total body surface. The damage must be caused by heat, electricity, radiation, or chemicals. This does not include skin abrasions caused by falling on and scraping skin on asphalt, concrete, or any other surface.